

Are you interested in nurturing empathy in children? Empathy enables children to build healthy relationships, reduces bullying and aggression, and contributes to their well-being. Roots of Empathy is entering its 13th year of partnership with elementary schools in Shoreline. We are looking for volunteers to train as Roots of Empathy Instructors in Shoreline elementary schools for the coming school year. Training dates are available this October at no cost to volunteers.

Want to see what Roots of Empathy looks like? [Here](#) is a brief introductory video that explains how Roots of Empathy works and why a baby is such a powerful teacher of empathy. Please contact Melissa Soltani at msoltani@rootsofempathy.org if you're interested in joining Roots of Empathy in changing the world, child by child.