



- **What is this? School lunch program information and the annual free and reduced price program application with instructions. For translation assistance, contact the Food and Nutrition Services Office 206-393-4209. (English)**
- የትምህርት ቤት የምሳ ፖሮግራም መረጃ የሕመታዊ የነፃ ወይንም የቅርናሽ ዋጋ ፖሮግራም ማመልከቻ አስከፊ መመሪያዎች ። ለበለጠ መረጃት የቆንቆ ትርጓሜ ካስፈለገ አባክዎትን የምግብ እና የተመጣጠኑ ምግብ አገልግሎት ቢሮ በ (206) 393 4209 (the Food and Nutrition Services Office) ይጻውሉ። (Amharic)
- 这是什么？是有关学校午餐的信息、年度免费和减价午餐项目申请及说明。若需翻译，请联系食物和营养服务办公室，电话号码206-393-4209。(Chinese)
- 이것이 무엇입니까? 학교 급식 프로그램 정보와 연간 무료 급식 및 급식비 인하 프로그램 신청 안내서. 번역이 필요하시면 식품 영양 서비스 사무실 206-393-4209로 연락하십시오. (Korean)
- Que es esto? Información sobre el programa de almuerzos y la aplicación e instrucciones para el programa anual de comidas gratuitas y a bajo precio. Si requiere servicios de traducción comuníquese con la oficina de Servicios de Comidas y Alimentación al 206-393-4209. (Spanish)
- Đây là cái gì? Thông tin chương trình ăn trưa trường học và hàng năm miễn phí và giảm giá chương trình ứng dụng với các hướng dẫn. Để được hỗ trợ dịch thuật, liên hệ với các Thực Phẩm và Dinh Dưỡng Dịch Vụ Văn Phòng 206-393-4209. (Vietnamese)

Welcome Letter to Parents/Guardians from the Food and Nutrition Services Director Shoreline Public Schools Food and Nutrition Services Department

August 2021

Greetings,

I would like to extend a warm welcome to the Shoreline/Lake Forest Park community from your school Food and Nutrition Services Department! The Food and Nutrition Services Department operates 14 full-service student cafeterias, meal service for the Edwin Pratt Early Learning Center (EPELC), and the Central Kitchen in Hamlin Park.

Services include:

- Daily breakfast at all schools, beginning 15-30 minutes before the first bell.
- Daily lunch at each school
- Daily breakfast, lunch and snack served in the classroom at the EPELC
- Free summer meals program

The Food and Nutrition Services Program operates as an enterprise program by balancing the budget through meal sales, a la carte sales, and State/Federal reimbursements; the program's financial goal is not to rely on the General Fund for support. Our mission is to alleviate childhood hunger within the community and increase student success by providing and promoting a nutritionally balanced diet in a warm and friendly environment.

Each school kitchen has a team of highly trained staff, with food safety and customer service as the highest priority. The Food and Nutrition Services team work together to develop healthy and appetizing meals for the students. Many of the foods are made from scratch using the best ingredients including low-fat proteins, whole grain pastas, fresh fruits and vegetables, locally sourced bread, and hormone-free milk. The menus are analyzed and recipes adjusted to ensure they meet USDA nutrition guidelines for each age group for calories, sodium, and saturated fat.

Choice and variety are important to students, so our menu is planned to provide options including a daily vegetarian entrée. We are sensitive to the various nutritional needs of our students. If your child has an allergy to any food, please contact your school nurse.

Meal service during the 2021-2022 school year might look different than it has in the past in order to comply with Public Health, CDC, and USDA guidance; our goal is to provide a safe and nutritious breakfast and lunch to students who wish to eat with us. How meals are packaged, how or where meals are served, and the number of entrée choices may vary as we strive to comply with recommendations and mandates to keep students and staff safe.

The Food and Nutrition Services Program will be participating in the SSO Program, which is a temporary federally funded program that assists in providing funding for **free breakfast and lunch for all enrolled K-12 students** regardless of household income during the 2021-2022 school year. This program has been authorized through June, 2022.

A lunch is made up of five basic food components: milk, meat or meat alternate, vegetable, fruit, and grain. Students must select at least three of these components for a complete reimbursable meal (one of which must be a vegetable or fruit). Individual meal components purchased by themselves such as milk, apple juice, a la carte items, and second entrees are considered a la carte purchases and are not covered by free reimbursable meal benefits.

Elementary level: there will be no cash register, cash handling, adult meals, or a la carte sales of any kind. If a student wishes to only buy a milk or juice, the student must also select a serving of fruit and vegetable to make it a reimbursable meal.

Secondary level: Students will be able to use their lunch account balance to pay for extra entrees and a la carte snacks; and staff can purchase meals. Every student is assigned a student ID that is tied to his or her meal account; students type in their ID at the cash register. The meal account is similar to a checking account, where purchases are deducted from funds applied to the account. Funds can be applied by cash or check paid to the kitchen cashier or the school office. Meal account balances carry-over year to year while the student is attending any of the schools in the Shoreline School District. (Note: There is a \$20 returned check fee.) Online credit and debit card payments are available by following the payment links on the District website: <https://wa-shoreline.intouchrecepting.com/>. Your student's account balance and purchase statement can be viewed by logging into your Family Access page. *Note: Extra entrees and a la carte snacks can only be purchased if there is money on the student's account to pay for the items being purchased.

Pandemic EBT (P-EBT) is a temporary program which provides additional funds for qualified families to purchase groceries. Students who are approved for school meal benefits automatically qualify for temporary P-EBT funds. To apply for school meal benefits, complete the attached application. Include all students and adults in your family on one form. Alternately, paperless applications can be found by logging into your Family Access account, on the Food Services tab. The online application will automatically be sent to us when it is submitted. Once the application is processed, an electronic benefit notification will be sent to families with a valid e-mail address on file. Without a valid e-mail address, the notification letter will be sent by mail.

For menus and other information, please visit the Food Service page on the District website: <https://www.shorelineschools.org/Page/106>. If you have any questions about the Food and Nutrition Services Department, please do not hesitate to contact me.

Sincerely,



Jessica Jandayan, RDN, CD, SNS
Director of Food & Nutrition Services & District Warehouse

“This institution is an equal opportunity provider and employer”

Food and Nutrition Services Office Location: 2003 NE 160th St. (Hamlin Park)
Mailing Address: 18560 1st Ave NE, Shoreline, WA 98155-2148

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webpage <https://www.shorelineschools.org/Page/106>,