I realize that it is a privilege to participate in athletics in the Shoreline School District. Accordingly, I hereby agree to obey the following rules and regulations as set up by the Shoreline School District, the Washington Interscholastic Activities Association, and this school’s athletic department. This contract is in effect at all times both in and out of school until the conclusion of my season.

**General Rules**
1. In order to be eligible to participate in a sport, I realize that:
   1.1 I must be passing all subjects at all times and must be enrolled in a minimum of five classes. WIAA rules for seniors on track to graduate may apply.
   1.2 My scholarship, citizenship, and attendance will be checked regularly by my coach and the building athletic director.
   1.3 I must attend 4 of 6 classes on “C” days and 2 of 3 classes on “A” or “B” days to be eligible to practice or compete in a contest on that day.
   1.4 In order to be eligible to practice, I must have a physical exam on file that is valid for 24 consecutive months unless noted to be less than 24 months by a physician, fill out an emergency information card, provide adequate medical insurance, and complete the athletic packet in its entirety.
   1.5 In addition to the requirements listed in 1.4, in order to be eligible for competition I must purchase an ASB student body card, pay the athletic participation fee and complete the Risk Management Safety Guidelines form.
2. In all of the athletic contests conducted away from school I will ride to and from the game/match in school transportation when round trip transportation is provided unless otherwise arranged with the coach. I understand that in some cases, school district transportation will not be provided. I will comply with regulations pertaining to school bus transportation.
3. I will be personally responsible for all school equipment checked out to me and will return same in good condition and on time. School uniforms and equipment shall not be used as personal items of clothing unless purchased by me. Equipment I have lost or misplaced will be paid for by me at the end of the season.
4. I understand that all suspensions and other disciplinary actions are cumulative over my athletic middle school career. This is again true over my high school career.

**Training and Conduct Code**
1. I agree not to use, possess, sell, distribute, or show evidence of having consumed alcohol, marijuana, illegal drugs, prescription drugs other than for their intended medical use, drug paraphernalia, tobacco products, or any item purposed to be such at any time during the sports season.
2. I agree to immediately remove myself from any situation where illegal activities are occurring or where other persons are engaging in conduct that violates school or district rules. If the situation is a school-sponsored field trip (whether local, extended, or team travel), I understand that I am encouraged to report the situation immediately and in confidence to school supervisory personnel.
3. I agree to represent my school and the Shoreline School District with honor and respect. It is an expectation that my sportsmanship both as a participant and a spectator will be positive and appropriate. This includes my language, treatment of officials, respect for my school, team, opponent and contest. My behavior and appearance in class, online and at school functions will be appropriate at all times.
4. I agree to abide by all federal and local laws. I will inform the school administration if I am convicted of, plead guilty to, or am placed on a probation of any kind as a result of a violation of law other than a non-criminal traffic infraction.
5. I agree to abide by all rules of conduct as may be adopted by the District in Administrative Procedure 3300 and published in the Statement of Responsibilities and Rights of Students handbook. I also agree to abide by any additional school rules that may be published in building-level handbooks. This includes expectations regarding the districts ethic and honesty policy.
6. I agree not to forge any athletic eligibility documents. I am aware that any violation will result in an automatic suspension from practice for 10 days. I will not be eligible for the next scheduled contest whether it be within the 10 day suspension time or after that time period. In addition, my parents will be notified of the violation.

**Discipline Procedures for Illegal Drugs (including marijuana) and Legend Drugs including Anabolic Steroids Violations (RCW 69.41.0910–69.41.050 and CH.69.50 RCW)**

FIRST VIOLATION during the high school career the student athlete shall be immediately ineligible for interscholastic competition in the current interscholastic sports program for the remainder of the season. The period of ineligibility will be for a minimum of 45 calendar days to be carried over to the next sports season, if necessary.

Ineligibility shall continue until the next sports season in which the student athlete wishes to turn out. In order to be eligible to participate in the next sports season, the student athlete shall meet with the school eligibility board, consisting of coaches and administrators selected by the principal to request approval to participate. The school eligibility board will recommend to the principal appropriate action to be taken in the student athlete’s case. The school principal shall have final authority as to the student athlete’s participation in the interscholastic sports program.

A participant who seeks and receives help for a problem with use of legend drugs (RCW 69.41.010 identified substances) and controlled substance analogs (RCW 69.50.101 identified substances) shall be given the opportunity for assistance through the school and/or community agencies. In no instance shall participation in a school and/or community approved assistance program...
excuse a student athlete from subsequent compliance with this regulation. However, successful utilization of such an opportunity or compliance with athletic code by the student athlete may allow him/her to have eligibility reinstated in the athletic program, pending recommendation by the school eligibility authority.

SECOND VIOLATION during the high school career a participant who again violates any provision of RCW 69.41.020 through 69.41.050 or of RCW 69.50 shall be ineligible for interscholastic competition for a period of one (1) calendar year from the date of the second violation.

THIRD VIOLATION during the high school career a student athlete who violates for a third time RCW 69.41.020 through 69.41.050 or of RCW 69.50 shall be permanently ineligible for interscholastic competition.

**Discipline Procedures for Use of Alcohol**

FIRST OFFENSE during the high school career: Exclusion from the team for the next forty-five (45) calendar days* to be carried over** to the athlete’s next sports season, if necessary.

This penalty may be reduced to twenty-five (25) calendar days provided the student waives his/her right to grieve the discipline and completes a state approved assessment and follows the recommendation of the agency (which will be shared with school administration). These recommendations must be followed as a condition for early reinstatement at the end of the twenty-five (25) day period with carryover. During a 25 day suspension an athlete may participate in practices only during the last 7 calendar day period.

SECOND OFFENSE during the high school career: Exclusion from the team for the next forty-five (45) calendar days to be carried over to the athlete’s next sports season.

Exclusion includes all contact with the team; no practices, meetings or games. A mandatory state approved assessment and fully completed treatment will be required before any further participation in the athletic program.

THIRD OFFENSE during the high school career: Exclusion from interscholastic competition for one calendar year.

In order to be eligible for any further competition/performance in the extracurricular program the student shall meet with the school principal or principal’s designee (which may be an eligibility board consisting of coaches, activity advisors, and administrators selected by the principal) to request approval to participate. The school eligibility board or other designee will recommend to the principal appropriate action to be taken in the student participant’s case, and may take into account self-reporting, truthfulness, cooperation, and successful assessment and treatment. The school principal shall be the final school-level authority as to the student’s participation in the activity program.

*Calendar day: All days (including Sunday) during the athlete’s regular season and post season for team sports.

**Carry over: An athlete’s suspension, if not fully completed, will resume on the first day of eligible turn out of that athlete’s next regular sports season.

**Discipline Procedures for Use of Tobacco Products**

FIRST OFFENSE during the high school career: Week 1: No team contact of any kind and a referral to the school Drug and Alcohol Counselor for tobacco education. Week 2: Practice but no games. Week 3: Return to full participation if tobacco education referral is complete.

SECOND OFFENSE during the high school career: Exclusion from the team for the next 28 calendar days to be carried over to the athlete’s next sports season.

THIRD OFFENSE during the high school career: Exclusion from the team for the next 90 calendar days to be carried over to the athlete’s next sports season.

**Discipline Procedures for All Other Violations**

Exclusion from the team for a defined period of time or for the balance of the season, to be determined by the principal/designee.

**Self-Referral**

A student participant who seeks and receives assistance for a problem with the use of drugs and/or alcohol prior to a drug or alcohol violation matter shall be given the opportunity with no jeopardy to eligibility for assistance through the school and community agencies. In no instance shall participation in a school and/or community approved assistance program excuse a student from subsequent compliance with this regulation.

**Grievance**

Any student, parent, or guardian, who is aggrieved by the imposition of discipline, including exclusion from participation in extracurricular activities, shall have the right to grieve as per school district policy.