



PARENT EDUCATION NIGHT Suicide Prevention

Join us as we discuss how to interact with kids when talking about mental health. Learn to help them to help themselves and their friends when dealing with stress, depression, or anxiety.

The LEARN™ steps are designed to help empower individuals to play a role in recognizing peers, friends, and family who might be having thoughts of suicide, and to know how and where we can refer those individuals to keep them safe.

- L: Look for Warning Signs
- E: Empathize and Listen
- A: Ask directly about Suicide
- R: Remove the Danger
- N: Next Steps

This training will cover when and how to use these steps. *Additional resources will be available.* We encourage you to bring a friend and help us remove the stigma associated with this important topic.

VIRTUAL WEBINAR: <https://us02web.zoom.us/j/86272458823> PASSCODE: LEARN

MONDAY,
APRIL 12TH
6:30 – 8:00PM

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SUICIDE PREVENTION

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