



BROOKSIDE BIRD'S EYE VIEW

Calendar

November

11-4/8	Early Dismissal 11:45 Conferences
11-6	PTA Community Movie - Angst 7:00
11-11	No School - Veterans Day
11-20	Early Release 1:50
11-22	Sock Hop 6-8 p.m.
11-27	Early Dismissal 11:45
11-28/29	No School Thanksgiving

Conferences

Conferences continue this week with classes being dismissed at 11:45 every day.



Downtime is vital for your child's health and academic success

Some parents schedule every minute of their children's time in an effort to prepare them for success in later life. But studies suggest that kids benefit from enjoying unscheduled free time.

When days are packed with lessons, sports and other structured activities, children can become overwhelmed and stressed out. As a result, they don't do as well in school and are more likely to get sick.

To determine if your child's schedule is balanced, ask yourself:

- **Does my child** have time to play with friends? Practices that are planned and run by adults don't count. Kids need time to relax and just "hang out" with other children.
- **When does my child** do homework? Does she work on it while traveling from one activity to the next? Schoolwork takes concentration, and that takes time.
- **Why is my child** in these activities? Sometimes, parents are the ones who want their child to take a class or participate in a sport.
Does my child get enough sleep? Children between the ages of six and twelve need nine to twelve hours of sleep each day. Without that sleep, their brains don't function as well.

School is your child's most important job. If too many activities are getting in the way, ask your child to choose only one or two she truly enjoys. She'll be happier and healthier - and she'll do better in school.

Source: C. Henning, "The Lost Art of Play: How Overscheduling Makes Children Anxious," CBS News, nswc.com/elem-downtime.

Annual Sock Drive

It's November which means it's time for the annual Sock Drive to support The Works. Please help families in the Shoreline School District by donating NEW socks in all sizes and colors. A collection box is outside of the school office from now until Sock Hop night November 22nd. Thanks for your support!





Holiday Baskets ofrece comida festiva y apoyo de regalos a las familias del Distrito Escolar de Shoreline en circunstancias que hacen que sea difícil proporcionarles a sus hijos.

Cestas de vacaciones Distribución de alimentos y regalos a las familias
Sábado, 14 de diciembre de 2019
11:30 a.m. - 4:00 p.m.
Kellogg Middle School

Para las familias que necesitan ayuda con los alimentos de vacaciones de invierno y los regalos de vacaciones, la inscripción comienza el 1 de octubre.

¡Hay dos formas de registrarse!

- Regístrese en línea en: www.shorelinepta.org En "Cesta de vacaciones": haga clic para registrarse
- Complete un formulario de registro y entrégueselo a su Family Advocate. Los formularios están disponibles en sus oficinas y en www.shorelinepta.org **Holiday Baskets, To Register.**

La fecha límite para registrarse es el 12 de noviembre.

Para obtener más información, visite: www.shorelinepta.org y haga clic en Holiday Baskets.

Miembros de la asociación Holiday Baskets: The Shoreline PTA Council, Shoreline Fire Department, Hopelink, Rotary Club of Lake Forest Park, City of Shoreline y Dale Turner Family YMCA.

Child Find Screening

“Child Find” refers to the process of locating, identifying, and evaluating children with disabilities to ensure that they receive services to which they are entitled. The Child Find team will listen to your concerns and provide a free developmental screening and/or special education evaluation to children and youth, ages birth to 21 living in the Shoreline School District who may have a disability to determine if they are eligible for special education services. This screening does not indicate readiness for kindergarten. Please call 206.393.4350 if you have concerns about your 3-5 year old child’s development in one or more of the following areas: speech & language, vision & hearing, motor skills, cognitive abilities, social/emotional skills, adaptive/self-help skills. If your child is under the age of three, contact Wonderland Developmental Center at 206.364.3777 for assistance. If your child is over the age of six contact the district’s Special Education Office at 206.393.4239 for assistance.



Holiday Baskets provides holiday food and gift support to Shoreline School District families in circumstances that make it challenging to provide either for their children.

Holiday Baskets Food & Gifts Distribution to Families
Saturday, December 14th, 2019
11:30am - 4:00pm
Kellogg Middle School

For Families needing assistance with Winter break food & Holiday gifts, registration begins October 1st.

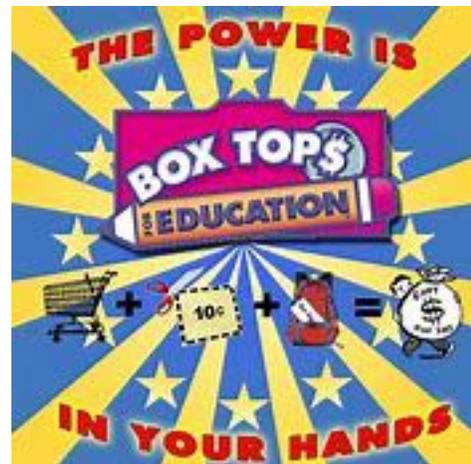
There are two ways to register!

- Register online at: www.shorelinepta.org/holiday-baskets.html
- Fill out a registration form and give it to your school Family Advocate. Forms are available in their offices.

Deadline for Registration is November 12th.

For more information go to: www.shorelinepta.org and click on Holiday Baskets.

Members of the Holiday Baskets partnership: The Shoreline PTA Council, the Shoreline Fire Department, Hopelink, Rotary Club of Lake Forest Park, the City of Shoreline, & Dale Turner Family YMCA.



**BROOKSIDE ELEMENTARY
REQUEST FOR PLANNED ABSENCE TO BE EXCUSED**

Use this form when your child will have a planned absence that does **NOT** fall into the situations shown at the end of this form. You can find the complete Shoreline School District Attendance Policy (3122) on the district website.

PRIOR APPROVAL IS REQUIRED

Please send this form to our registrar at least 14 school days prior to your planned absence. You can drop it off in our main office or email it to us at: *bks.attendance@shorelineschools.org*

Student Name: _____ Grade _____ Teacher _____

Date(s) of Absence: _____ Reason for Absence: _____

Best Phone/Email Contact: _____

Describe your plans to maintain the student's academic skills: _____

Make-up assignments may not be provided in advance. The teacher may require some work to be completed upon the student's return.

Parent/Guardian Signature

Relationship to Student

You do **NOT** need to use this form for these situations:

1. Participation in a district or school approved activity or instructional program.
2. Illness, health condition or medical appointment (including, but not limited to, medical, counseling, dental or optometry).
3. Family emergency, including, but not limited to, a death or illness in the family.
4. Religious or cultural purpose including observance of a religious or cultural holiday or participation in religious or cultural instruction.
5. Court, judicial proceeding or serving on a jury.
6. Post-secondary, technical school or apprenticeship program visitation, or scholarship interview.
7. State-recognized search and rescue activities consistent with RCW 28A.225.055.
8. Absence directly related to the student's homeless status.
9. Absence resulting from a disciplinary/corrective action. (e.g., short-term or long-term suspension, emergency expulsion).

For Office Use Only

Teacher feedback:

Student is achieving at or above grade level? Yes No

Teacher Signature

Date

Other Considerations (if any): _____

Administrative Decision: Excused Unexcused

Principal/Deiane Signature

Date

Hello Brookside Blue Jay Families,

My name is Susie Moore, and I am the Family Advocate at Brookside. Did you know that Brookside has a Race and Equity team? In fact, all of the schools in our district have a Race and Equity team. These teams were developed a few years ago because the district prioritized examining the inequities that exist within our systems and communities and the impact that was having on our students.



This year, I am the Lead for Brookside's Race and Equity committee. Other members include:

Amy Lansing, LAP teacher	Cally Birgfeld, 1 st grade teacher
Jeb Thomas, 2 nd grade teacher	Erin Collins, 4 th grade teacher
Ranice Innocent, former R&E Lead, 1 st grade teacher	Rachelle Friskey, School Counselor
Janet Paden, 6 th grade teacher	Nicole Griffin, Instructional Coach
	Jennifer Choate, School Psychologist Intern

This committee believes that working on dismantling the racially biased educational system is imperative for the success of our students. The status quo regarding racial disparities in student academic and social/emotional success in schools needs a structural change. We will support and engage staff in this work through conversations and professional development on culturally responsive teaching and issues of race and equity. Our goal is to normalize these conversations, develop a more common language, and identify strategies that staff can use to better educate students and support families.

We are committed to ensuring our instructional practices serve the needs of all students and families while creating a welcoming, safe and inclusive school environment. We'd like to invite you to be an ally with us in this work. If you'd like to join Brookside's Race and Equity team as a parent/guardian representative, please let me know. We meet monthly on Wednesday mornings. You are also welcome to contact me with questions or comments.

Sincerely,
Susie Moore
Susie.moore@shorelineschools.org
206-393-1177

For more information about the Shoreline School District's work around Equity and Family Engagement, please take a look at the department's website: <https://www.shorelineschools.org/domain/1090>