



BROOKSIDE BIRD'S EYE VIEW

Calendar

April

- 4-15 BKS day at the Mariners Game
- 4-16/20 No School - Spring Break
- 4-27 Science Night 6-8 @ BKS gym

Kindergarten Registration

Kindergarten registration continues for Shoreline/Lake Forest Park residents with students starting kindergarten in the fall. Students must be 5 years old by August 31, 2018. Forms are available in the school office. Share this information with your neighbors and friends. We are very excited to welcome the class of 2031!

Smarter Balance Testing Dates

Please note the required state testing dates for grades 3-6 will take place between **May 1st and June 5th**. Take this into consideration when scheduling appointments.



Understanding Our Kids' Anxiety - and How to Help

You are invited to attend a free community forum co-sponsored by the Shoreline Special Needs PTSA and the Shoreline HiCap Advocacy Group on April 11 from 6:30-8:30 in the Shoreline Room at the Shoreline Center.

Are you concerned about your child's anxiety? Looking for more ways to help? You are not alone! This forum will connect you with other parents and learn about:

- societal stressors and causes of anxiety
- ways that Shoreline schools are providing emotional and social support for students
- mindfulness practices and other strategies to reduce your child's (and your own) anxiety

A limited number of free childcare sports are available via RSVP. Email us at shoreline.hicap.advocacy@gmail.com with your name, the number of children, their names, and ages. They must be potty trained.

Parent Input

As we enter the final months of school our staff is hard at work planning the educational program for the 2018-19 school year and making decisions that will individually benefit your child. One of the most critical pieces of work will be constructing the classroom communities in which children will reside next year. We think intensively and intentionally about those placement decisions, and you need to know some of the guiding criteria that we use in those efforts:

- Maintain an equal academic distribution of students
- Maintain an equal distribution of students who have a positive influence
- Maintain a balance of boys and girls
- Accommodate special academic and social needs
- Promote a social mix that will help support purposeful, on task teaching and learning

There may be circumstances we are not aware of or needs your child has that you would like to be sure we take into account as we build classrooms. Please use the Parent Input Form, available in the office, to communicate that information to us. They are due May 18, 2018.

WE ♥ SCHOOL!



Be a respectful role model for your athlete

It's natural to want to cheer for a young athlete. But when parents get too involved, children say they would rather their parents just stay away.

Here are things your young athlete wants you to know:

- **She loves having you** on the sidelines - except when you go too far. Your child wants you to be supportive of her entire team, not just her. She doesn't want you to yell at the referee. And she doesn't want you to yell at the parents of the children on the other team!
- **She wants you to recognize** that the coach is in charge. Most youth coaches are volunteers. Most of them are trying to give children a chance to play a game. Even if you think you could do a better job, don't yell directions at your child or other players. And if you really want to help, volunteer to be a coach next season!
- **She wants you to be happy** when her team wins. But she doesn't want winning to become so important that she doesn't enjoy just playing the game. It's fine to talk about the game when it's over. But don't go on and on about it for days.
- **She wants you to be realistic.** If no one in your family is taller than 5'5", you are probably not raising a basketball star. Help your child learn to enjoy all types of sports and let her pick the one that she thinks is right for her.

Source: J. and J. Sundgerb, *How to Win at Sports Parenting*, Waterbrook Press.



E-Flyers

Looking for educational and recreational opportunities and events in our area? Visit www.shorelineschools.org to see a list of flyers submitted by local non-profit groups. At the district web site, click community and then e-flyers.

Thank You!

Many thanks to the following 3rd grade parents who provided staff with a spring luncheon last month: Laura Green, Heather Ekstrom, Samantha Artherholt, Chris Nelson, Elizabeth Nelson, Gretchen Johnson, Jaya Krishnan, Lisa Usitalo, Emily Scott, Angela Edmondson, Yolanda Doner, Danielle Lynch, Hillary Bendiksen, Christine Kellogg, Lindsay Vespignani, Adrienne Rosenblum, Michele Armstrong, Christina Nelson, Ami English, Gita Sharma, Tina Buss, Carrie Wandler, Katie Thiel, Cathy Natividad, and Joiada Portes. It was greatly appreciated by the whole staff!



Save the Date

Brookside families - please Save the Date for **Pack the Park 3k and 5k Fun Run** Saturday June 2nd. This fun family and community event helps kids in our area that are facing food insecurity on the weekend. Registration and Sponsorship opportunities can be found at www.packthepark.org



Resource Fair

Go to this site to learn about after-school and summer camp activities: http://www.shorelinepta.org/uploads/2/2/2/8/22288232/2018_flyer.pdf

Positive Discipline for Teenagers

A Free series for parents wanting more cooperative, respectful, and warm relationship with their teens/pre-teens. Co-sponsor by Puget Sound Adlerian Society and Einstein Middle School PTSA



Join us for six Tuesdays

When: April 24, May 1, 8, 15, 22 and 29

When: 6:00 – 8:15pm

Where: Einstein Middle School, Shoreline, WA

When you register let us know:

- *If you need childcare (potty trained children 30 months old and up)*
- *If you need interpreter (language)*

Register at <https://pdteens.eventbrite.com>

For information call or e-mail

206-393-4739, amy.famelos@shorelineschools.org

206-579-7066, grollmus@uw.edu



NURTURING TRUST - WITH FAMILY, WITH COMMUNITY

TIME: 6:30 to 9:00 p.m.

PLACE: Kellogg Middle School, 16045 25th Avenue NE, Shoreline

Learn how to form a safe community for your children at this series of 6 FREE workshops taught by Shoreline and Lake Forest Park Police officers!

Registration open for Shoreline and Lake Forest Park residents only.

Registration and attendance at all workshops is required. Participants will receive a certificate upon completion. There is no cost.

Workshops include child care.

Refreshments will be served.

RSVP

Space is limited – register by calling (206) 801-2719 or email dahlia.corona@kingcounty.gov with your name and phone number.



WORKSHOP SERIES IX

TUESDAY, MAY 1

Positive Discipline: Learn parenting strategy skills; tools that focus on effective communication styles with your child, self-control, empathy, and problem solving; Ximena Grollmus, M.Ed.

TUESDAY, MAY 8

Domestic Violence and Child Abuse: Awareness, how it affects families and the community. Learn about police intervention; Dahlia Corona, Community Service Officer, Shoreline Police Department

TUESDAY, MAY 15

Bullying: The signs and effects of bullying and prevention strategies for children; Dahlia Corona, Community Service Officer, Shoreline Police Department

TUESDAY, MAY 22

Teen Suicide: The signs, the risk factors and prevention; Dahlia Corona, Community Service Officer, Shoreline Police Department

TUESDAY, MAY 29

Drugs and Prostitution: The laws, the effects and how they affect our community; Sergeant Patrick Kearney, Narcotics Unit, Shoreline Police Department

TUESDAY, JUNE 5

Leadership: Contributing to our community; Lupita Zamora, CPDPE
Graduation: Chief Shawn Ledford and Chief Steve Sutton; Shoreline Police and Lake Forest Park Police Departments

Your family - Your community - Your Police Department