

# RAM News

Ridgecrest Elementary \* 16516 10th Ave NE, Shoreline, WA 98155 \* 206.393.4272 \* Principal: Elizabeth Nunes  
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## Being Global Citizens

One of the elements I feel so strongly about at Ridgecrest Elementary School is our culture, and a very important part of our culture is our focus on life skills. I credit Susan Clyde (1st grade) and Kathy Hitchner (semi-retired 1st grade) with our focus on life skills as those are the teachers who taught me this imperative tradition of our Ridgecrest Culture. Our Life Skills are taught systematically from the very first month of our time together in September with the Life Skill “the Ridgecrest Way” which you all know means to be respectful, responsible, kind, and safe. Each month we are together we learn about a new life skill, some of which include kindness and empathy,

perseverance, generosity, and cooperation, arguably all vital skills to a person’s success as a student at Ridgecrest and in life. Our students learn about these skills in their classrooms, in student of the week assemblies, and every day through our morning announcements which have continued even as we have been separated physically from one another and from our beloved RC building. Our most recent life skill for the month of April has been creativity and you can find many examples from our students during the Covid-19 crises on the Creativity padlet here: [https://padlet.com/nathan\\_christian/30g6k1bw3wj6jvcl](https://padlet.com/nathan_christian/30g6k1bw3wj6jvcl)

In the month of May we will be celebrating Global Citizenship. Oxfam Education defines a global citizen as “someone who is aware of and understands the wider world - and their place in it. They take an active role in their community and work with others to make our planet more equal, fair, and sustainable.” This life skill has truly taken on new meaning this year as our entire world community battles the deadly COVID-19 virus. Every person in our community has been affected with some sense of loss during this time, so we truly are all in this together. Because of this, our guiding question during the month of May is “With this gift of time, how can you contribute to our world?”

As we challenge our students with this question I am reminded of the life of Jim Valvano, the son of Italian American immigrants, a basketball coach for North Carolina State in the 80s and a basketball analyst for ESPN up until the time of his death in 1993 to metastatic adenocarcinoma, a form of cancer. When Jim Valvano was told that he only had a few months to live at most, he dedicated the rest of his life to fighting cancer, not for himself but for others who would fight that disease after he was gone. He pitched the idea of the Jimmy V Foundation to ESPN, and they partnered with him, and during his speech upon winning the Arthur Ashe Award for Courage at the ESPN awards banquet in March of 1993 he launched that foundation. The Jimmy V Foundation has awarded over 170 million dollars in grants toward fighting cancer, according to the Jimmy V Foundation website since Coach Valvano’s passing 27 years ago today. So, with this gift of time, how can you contribute to our world?

Nathan Christian, Dean of Students



# RIDGECREST LIFE SKILLS

The Life Skill for April is:

## Global Citizens

Here is the definition of being Global Citizens:

A global citizen is someone who identifies with being part of an emerging world community and whose actions contribute to building this community's values and practices.



with this gift of time, how can you  
contribute to our world?

# Nurse Notes

Hi RAM Families!

## **MEDICINE STILL AT SCHOOL?**

Does your student have medicine or an inhaler in the health office?

This week is the **final pickup** for the school year. We are not allowed to leave medicine in the health office over the summer break. In fact we are directed to dispose of remaining medicine, so please pick it up this week.

Please email us if an adult (other than a parent) will be picking up your child's medicine. We would need a parent's permission to release medication to another person. Thank you! [rc.nurse@shorelineschools.org](mailto:rc.nurse@shorelineschools.org)

## **Medication Pickup Times:**

Wednesday, Thursday and Friday, April 29<sup>th</sup>, 30<sup>th</sup>, and May 1<sup>st</sup> from 11:30-12:30.

The nurses will be located in the roundabout by the RC flagpole. Please stay in your car, and we will bring items to you.

Thank you Ridgecrest families!

Keep washing your hands!

Nurses Joan and Stacey

## **Sources:**

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>

This website has disinfection information for home, a simple bleach disinfecting solution recipe and links to a variety of questions.

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>

This website discusses mask types, when and what to wear, cleaning and do-it-yourself mask details.

<https://kingcounty.gov/depts/health/communicable-diseases/disease-control/novel-coronavirus.aspx> - This King County website has novel corona virus information in different languages, testing information, local updates and links. Scroll down the right side for language selection.

# A Message From the Registrar

Enrollment information forms came home for our first through fourth grade students prior to school closure. If you were able to return your student's form before schools closed -- thank you. If you were not able to return your form, there are three ways that you can do it:

1. Complete the form, take a picture of it, and email to the registrar at [janina.pacunski@shorelineschools.org](mailto:janina.pacunski@shorelineschools.org)

2. Email the information by providing the following:

Student Name: \_\_\_\_\_

Current Grade Level: \_\_\_\_\_

Shoreline resident that WILL be returning to RIDGECREST Elementary next fall

Non-Resident Transfer (boundary exception) that WILL be returning to RIDGECREST Elementary next fall

Shoreline resident that will be attending another Shoreline School District school due to change of address:

Name of school:

If unsure of school, please give the expected address where you will be living in September

Will be moving out of the Shoreline School District. Where?: \_\_\_\_\_

3. Call the registrar (206-393-1493) and provide the information

This information will help us to begin preparing for next year. If you have any questions, please either email or call Janina - Thank you!

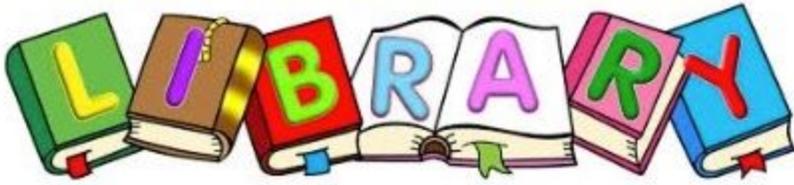
## Shoreline Supplemental Weekend Food Support

If your family needs additional food that you are unable to access elsewhere, some weekend food bags are available for home delivery. Food bags will not have all ingredients for complete meals, but will include non-perishable items for the weekend, such as pasta, canned foods, jar of peanut butter, box of cereal, or similar items.

**Call 206-385-9385 by 5pm on Wednesdays** to request a delivery. The phone line is available Monday through Friday, 8am – 5pm. Requests made after 5pm on Wednesdays will be scheduled for the following weekend. Food will be delivered Friday afternoons between 12:30 and 4:00 pm. We hope to provide one bag per household member, but supply is limited so not all requests may be met.

This service is being provided in partnership with Sound Generations, Hunger Intervention Program (HIP), Hopelink, PTSA Council, and the City of Shoreline.

# News from the RC



## It's Time to Return Your RC Library Books!

Please gather up all library books and bring them to Ridgecrest on Friday, May 1, between 8-4, when families can come pick up student belongings. There will be a box for library book collection outside.

### Return Library Books Friday, May 1st 8am-4pm

If a student has school library books checked out, families will receive an email this week listing the titles. If a title doesn't seem familiar to your child, type the title in

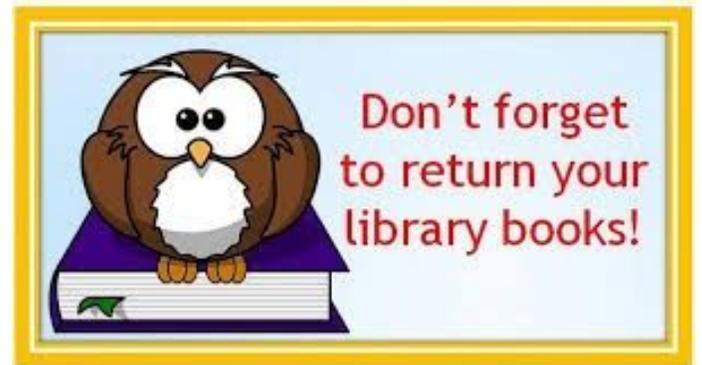
Google Image Search to find a cover image to remind them.

Please try this before contacting me as students may have forgotten what they checked out.

Please contact Joanna Freeman at [joanna.freeman@shorelineschools.org](mailto:joanna.freeman@shorelineschools.org) if you have questions.

Thank you for finding and returning our library books!

*Ms. Freeman*



Joanna Freeman  
Ridgecrest Librarian

# COVID-19 Resource Guides and Links

Support for Shoreline residents for utility, rent, food and gas. Residents can call 206-496-3116 to schedule a phone interview. No eviction notice or utility shut off required. See attached. Includes funds from City of Shoreline grant as well as other funds from churches and individuals.

Bill Bear, [www.Shorelinecommunitycare.org](http://www.Shorelinecommunitycare.org)

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King County Resources:

- [COVID-19 Resource Guide: www.kingcounty.gov/covid/guide](http://www.kingcounty.gov/covid/guide)
- Stay Home Stay Health [PSA Videos in 14+ languages](#)
- Contact Khanh Ho [khho@kingcounty.gov](mailto:khho@kingcounty.gov) for voice recordings in 8 languages, below is the general script:

“To slow the spread of COVID-19 and save lives, everyone young and old should stay home and avoid all non-essential contact. When you must go out, stay six feet apart from others.

Stay home and slow the spread.

Thank you. “

- Please reach out to [esjlanguages@kingcounty.gov](mailto:esjlanguages@kingcounty.gov) for any questions on Language Access.
- In-language posters for [grocery stores and restaurants](#), food establishments can contact their Environmental Health Inspectors for additional guidance/technical assistance
- Register with the [King County Regional Donations Connector](#) to make any donation requests or offer your group/organization’s resources.
- Weekly King County Public Health Community Partners Call of community organizations and faith leaders is held Mondays at 4pm-4:45pm to hear updates and ask questions. [Join via Skype](#). Attached are slides from the last call.

[Eastside for All – COVID Resources](#) – Specifically geared towards communities who have been historically marginalized and who continue to experience the biggest barriers when it comes to accessing information, resources, and public assistance.

[DSHS Office of Refugee and Immigrant Assistance](#) (ORIA) COVID-19 Translated Resources Directory

Directory of COVID-19 resources (fact sheets, flyers, posters, audio recordings, videos, etc.) in 73 languages, organized in alphabetical order by language. The translated materials are from government entities, international non-government agencies, and community based organizations. This directory is not inclusive of all the translated materials available and will be updated on a regular basis. Please contact the DSHS, Office of Refugee and Immigrant Assistance – Refugee Health and Wellness Program Manager, Cathy Vue ([vuec@dshs.wa.gov](mailto:vuec@dshs.wa.gov)) with questions or to add resources to the directory.