

## Shorewood Athletics Frequently Asked Questions

1. **What if I sleep in 1<sup>st</sup> period and bring a note excusing my absence?** If an athlete is absent for two classes and a tardy on ALL Class days they are not eligible to practice or compete. SAS now counts as a class. If an athlete is absent for one class and a tardy on the three period days they are not allowed to practice or compete. Exception: School Field Related Field Trips

2. **What if my child decides to drop a Math class half way through the semester?** Will he be eligible? Freshmen through Juniors need to be in six classes. Seniors can take only five classes if on track academically, but cannot start with six classes and then drop one. Talk to the SW AD before dropping a class.

3. **What happens if I fail a semester class?** The Shoreline School Board requires all athletes to be passing all classes. Athletes who fail a semester class in the Spring and will subsequently be a fall athlete will need to sit out of competition for 5 weeks, they may practice daily when the sport begins but no competition. On the Monday in late September when the 5 weeks are up, they must show the Athletic Director that they are passing all classes. We recommend spring failing athletes take Summer School to make up the failing class credit, the class must be a “like course”, Geometry for Geometry. If an athlete fails a first semester class at the end of January, they will immediately be ineligible to complete the winter sports season and will be subject to a 5 week no competition rule into the Spring Sports season.

4. **What if my child is in part/full time Running Start?** The student athlete must complete the Running Start contract, the first person to sign it should be the counselor handling Running Start. Once the counselor signs off the athlete should get the rest of the signatures and return the form to the Athletic Director.

5. **How do I make sure I am cleared to compete for the first competition? Complete the following:**

**Pay the Athletic Fee \$100**

**Pay the ASB Fee \$40**

**Complete 10 practices      Football and Wrestling 12    Gymnastics 15**

**Pay all school fines**

**Make sure your physical will not expire during the season**

6. My child suffered a concussion last week, was cleared with a doctor’s note, is he/she cleared to play? NO, h/she is not cleared to play. When he/she returns with a note from the doctor, this enables them to begin the required DISTRICT “Return to Play Plan” with our Athletic Trainer, Bill Reynolds. The trainer will set up a gradual process of returning to play.

7. **Does my child have to fill out a new athletic packet each new season, fall, winter and/or spring?**

YES, because for eligibility reasons the packet needs to be completed for each season. The physical will not have to be redone if it has not expired. Hopefully it is a two-year physical, depends on the doctor.

