



RAM News

16516 10th Avenue NE * Shoreline, WA 98155 * 206-393-4272 * Dr. Sue McPeak, Principal

Ridgecrest Elementary: Creating Change Together

School Attendance

Thank you to the families that are contacting the attendance office if their student will be absent or late. It is extremely helpful to receive this information in advance. Please send an email (and cc your student's teacher to be sure they know) to: rc.attendance@shorelineschools.org or call 206.393.1493. If we are unable to answer, please leave a message. Absences that are not excused within three days are permanently unexcused on your student's record.

Breakfast at School?

Elementary breakfast is only \$1.75; if your student qualifies for free or reduced price meals, breakfast is absolutely free! You are welcome to join your child at breakfast for \$2.75. Take one thing off your morning to-do list and have your child join us for a nutritious breakfast at school. Doors open at 8:05am.

Safety Reminder - Please sign in!

For the safety of all Ridgecrest students, staff, and visitors we ask that you stop in the office to sign in and get a visitor's sticker even if you are only going to be in the school "for a minute." Then, please sign out when you leave. This helps us keep track of who's in the building in the event of an emergency. Thank you for your cooperation!

A Note from Robo

Our Fall Fun Run will take place on Wednesday, November 2nd. Participants will be walking to Hamlin Park with the coaches and volunteers after school. If you are driving your student, please make sure they are at Hamlin by 3:45.

We are anticipating that all races will be finished by 5:15. Please remember: STUDENTS MUST BE SIGNED OUT WITH THEIR DESIGNATED COACH AND PICKED UP AT HAMLIN BY 5:20pm

Please remind runners to wear their Ridgecrest Elementary T-shirt for the Fun Run. If they don't have one, wear another type of Ridgecrest shirt or a blue T-shirt.

Please pack your runner extra snacks and water. In addition, remind them to dress warm and bring a rain jacket. A large part of this event will be spent waiting for a particular race and, as we all know, weather can be rather uncooperative in November!

Thank you for your strong support of extra-curricular programs at Ridgecrest. We have an exceptional community of parents and teacher who are committed to the success of kids!



MARK YOUR CALENDARS!

| | |
|--------|--|
| Oct 21 | Walk-a-Thon |
| Oct 31 | No School - Staff Work Day |
| Nov 2 | Fun Run at Hamlin Park |
| Nov 4 | Picture Retake Day |
| Nov 4 | Harvest Festival/Carnival 6pm |
| Nov 10 | Veteran's Day Assembly 9am (see article on Page 3) |
| Nov 10 | Skate Night 6-8pm, Lynnwood Bowl & Skate |
| Nov 11 | Holiday/No School - Veteran's Day |

Nurse Notes

Health Screening Volunteers!

We need volunteers to help test students hearing and vision.

Who: Grades: K; 1; 2; 3; and 5

Date: November 18th

Where: In the portables - north side of school

Time: Starting at 8:40 am - all day to screen the above classes.

Instruction provided, no experience necessary.

Your nurses will be available for assistance.

Note: Parents will need background checks completed before hand. Please provide a copy of your driver's license to the main office as soon as possible.

Please contact the RC nurses if you can join us!!

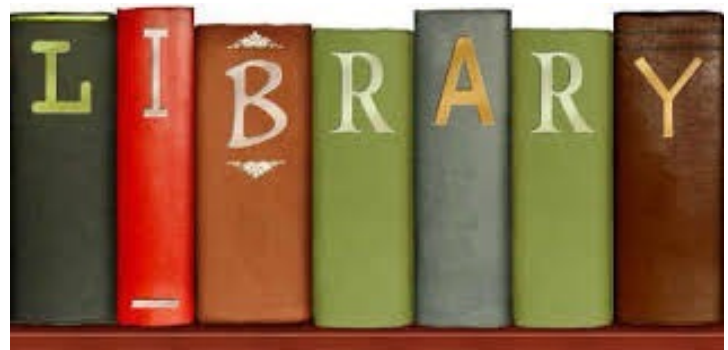
joan.forbush@shorelineschools.org
stacey.chesnut@shorelineschools.org

RC Health Office 206.393.4276

THANK YOU!

RC Nurses Joan and Stacey

News from the RC



We have many technology resources in the Shoreline School District: Chromebooks, iPads, interactive whiteboards, databases, etc., which are engaging and useful learning tools, but there are concerns that arise with technology use at school and home.

Our students use these resources daily, and the library is one place they learn how to search for information and how to be safe and aware online. We teach several lessons to grades 1-6 about internet awareness, based on a digital citizenship curriculum from Common Sense Media. Topics include:

- ¥ Searching efficiently
- ¥ Keeping information private
- ¥ Effective passwords
- ¥ How digital media fits into our lives
- ¥ The digital footprint we leave online
- ¥ Showing respect online
- ¥ Copyright/citing sources

If you are looking for answers to technology use questions or information for your family, Common Sense Media is a helpful website. Information about screen time, cell phones, monitoring Internet usage, etc. can be found at: <https://www.commonsensemedia.org/parent-concerns>

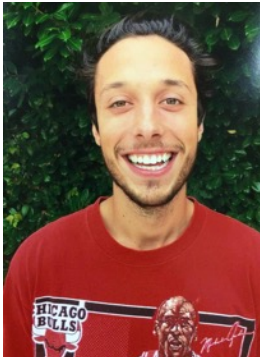
The website also has book and movie reviews to help families make decisions about reading and viewing within their family. Please take a few minutes to check out the resources available at

<https://www.commonsensemedia.org/>

~ Joanna and Liz



Counselor's Corner



The foundation of my role at Ridgecrest is to create, develop, and initiate social, emotional, and behavioral supports to best meet the needs of students. When developing supports, a guiding question we ask is: how can we change what we are doing right now to better care for and support what this student is needing right now? Therefore, our efforts towards supporting students are not focused on changing what they do as much as they are on changing what we do because we believe a more supportive, student-need-focused environment is what brings about learning and growth in students. And, we are totally willing to change what we are doing to support and empower our students to think critically, show compassion, and create change.

We have a lot of these supports in place for students here at Ridgecrest, and even more are being built! I hope this community always feels welcome to connect with me around any social-emotional concerns or celebrations.

Grateful to be with you,

Mr. Dom

Veterans Are Invited

We will be having our Veteran's Day assembly on Thursday, November 7 at 9am in the cafeteria. We would like to invite all veterans to join us.

If you have any photos from your time of service we would like to include them in our program. Please email them to Andrea Early at:

andrea.early@shorelineschools.org



Friday Family Story Time

Please join us every Friday at 8:40am-9am in the Ridgecrest library for Friday Family Story Time. This is an opportunity for our families with siblings who are not yet school age to get together. During this time our littlest Rams can practice sitting, listening, and enjoy stories. Stories will be read by various Ridgecrest teachers and staff members.

The following link will take you to the current PTA newsletter:

<http://ridgecrestpta.org/Doc/Public/PTA%20News%2011.2016.pdf>