



# CELTIC CAFÉ



## OCTOBER 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			≠ Buffalo Chicken Sandwich ≠ Mediterranean Turkey Burger  *V≠ -Garden Burger Cheese Nachos  Assorted Vegetables Assorted Fruit  1	Cheese Dunker Teriyaki Beef w/Rice  *V-Achiote Rice  Assorted Vegetables Assorted Fruit Applesauce Cake w/White Icing  2
**≠ Pork Chop Patty on a Bun Teriyaki Chicken w/Rice  2 Chicken Tacos *V-Curry Rice  Assorted Vegetables Assorted Fruit Fudge Bar  5	Shrimp Poppers w/Curly Fries Chicken & Cheese Enchilada w/Rice & Beans *V-Stir Fry Veggies w/Noodles *V-Hummus w/Pita Bread & Celery Sticks Assorted Vegetables Assorted Fruit Keebler Graham Bug Bite Snack  6	**Ivar's Clam Chowder w/Biscuit 2 Beef Tacos  Egg Roll w/Rice *V-Pasta w/Marinara Sauce Assorted Vegetables Assorted Fruit  7	≠ Buffalo Chicken Sandwich ≠ Mediterranean Turkey Burger  *V≠ -Garden Burger Veggie Taco Hot Pocket  Assorted Vegetables Assorted Fruit  8	No School  Grades K-12  9
Cheesy Quiche Teriyaki Chicken w/Rice  2 Chicken Tacos *V-Pasta w/Marinara Sauce  Assorted Vegetables Assorted Fruit  12	Orange Chicken w/Rice Cheese Quesadilla  *V-Hummus w/Pita Bread & Celery Sticks  Assorted Vegetables Assorted Fruit Molasses Cookie  13	Philly Beef Sandwich 2 Beef Tacos  Egg Roll w/Rice *V-Curry Rice  Assorted Vegetables Assorted Fruit  14	≠ Buffalo Chicken Sandwich ≠ Mediterranean Turkey Burger  *V ≠ -Garden Burger Cheese Nachos  Assorted Vegetables Assorted Fruit Orange Jell-O Cake  15	≠ Grilled Chicken Patty on a Bun  Teriyaki Beef w/Rice *V-Achiote Rice  Assorted Vegetables Assorted Fruit  16
≠ Double Cheeseburger Teriyaki Chicken w/Rice  2 Chicken Tacos *V-Pasta w/Marinara Sauce  Assorted Vegetables Assorted Fruit Raspberry Sherbet Cup  19	Shrimp Poppers w/Curly Fries Bean & Cheese Burrito w/Tortilla Chips & Salsa *V-Stir Fry Veggies w/Noodles *V-Hummus w/Pita Bread & Celery Sticks Assorted Vegetables Assorted Fruit Snickerdoodle Cookie  20	Popcorn Chicken Bowl 2 Beef Tacos  *V-Teriyaki Veggies w/Rice  Assorted Vegetables Assorted Fruit  21	≠ Buffalo Chicken Sandwich ≠ Mediterranean Turkey Burger  *V≠ -Garden Burger Veggie Taco Hot Pocket  Assorted Vegetables Assorted Fruit  22	≠ Fishwich w/Curly Fries  Teriyaki Beef w/Rice  *V-Achiote Rice  Assorted Vegetables Assorted Fruit Rice Krispie Treat  23
***≠ Bacon Cheeseburger Teriyaki Chicken w/Rice  2 Chicken Tacos *V-Stir Fry Tofu Veggies w/Rice  Assorted Vegetables Assorted Fruit  26	Popcorn Chicken w/Curly Fries Cheese Quesadilla  *V-Stir Fry Veggies w/Noodles *V-Hummus w/Pita Bread & Celery Sticks Assorted Vegetables Assorted Fruit Chocolate Chip Cookie  27	Turkey Gravy w/Mashed Potatoes & Whole Wheat Roll 2 Beef Tacos  Egg Roll w/Rice *V-Curry Rice Assorted Vegetables Assorted Fruit  28	≠ Buffalo Chicken Sandwich ≠ Mediterranean Turkey Burger  *V≠ -Garden Burger Cheese Nachos  Assorted Vegetables Assorted Fruit Vanilla Ice Cream Cup  29	Stuffed Pasta Shells w/ Marinara Sauce Sweet & Sour Chicken w/Rice *V-Achiote Rice  Assorted Vegetables Assorted Fruit Yellow Cake w/White Icing  30

Menu subject to change without notice.

\*V-Vegan \*\*Contains Pork \*\*\*Turkey Bacon ≠ Served on a Whole Wheat Bun

The district will charge a \$20.00 NSF check fee.

You must select 1 Entrée and at least 1-3 other items

Other items include milk, fruit and vegetable.

Breakfast Price:	\$1.75
Reduced Breakfast Price:	Free
Lunch Price:	\$2.75
Reduced Price:	\$0.40
Free:	Free

PROGRAM BENEFITS & SERVICES ARE AVAILABLE TO ALL CHILDREN WITHOUT REGARD TO RACE, COLOR, SEX, HANDICAP, AGE, OR NATIONAL ORIGIN.