

# SECTION 3

## REGULATIONS AND ELIGIBILITY OF ATHLETIC PROGRAMS

# WASHINGTON INTERSCHOLASTIC ACTIVITIES ASSOCIATION

## REGULATIONS

Middle school and senior high school interscholastic athletics are governed by this association and member schools must abide by this organization's regulations. Each coach needs to be familiar with the rules governing athletics by reading each year the policy handbook of the WIAA, a copy of which is sent to each school principal. Ignorance is no excuse.

The following are some of the rules which are critical for athletics:

1. Penalties for violation of a WIAA regulation may range from a reprimand to forfeiture of a contest, to placing a school on probation, or on suspension, and to actual expulsion from the association.
2. Schools may compete only with member schools, providing the school is eligible for membership in the WIAA.
3. To be eligible to compete in an interscholastic contest, a student must meet the following requirements:
  - a. Medical clearance.
  - b. Meet the scholastic requirements. (Also refer to the Athletic Code).
  - c. Meet the previous semester rule.
  - d. Legal residence is acceptable.
  - e. Be of appropriate age.
  - f. Be within the total semester's eligibility limitation.
4. In most sports, a student must turn out a minimum number of days before he or she is eligible to compete in a contest.
5. There are general practice regulations that apply to all sports which schools must follow.
6. Non-School Participation: During any sport season, after joining a school squad, students may participate in non-school athletic activities, provided they do not miss a team practice or scheduled contest.
7. Any coach is prohibited from unilaterally removing the team from the field or floor.
8. To resume participation following an illness and/or injury serious enough to require medical care, a participating student must present to the school officials a physician's written release.
9. Only players who are currently eligible to participate in an activity shall appear at the contest in the uniform of the school and/or occupy a position on the team bench.
10. There are regulations in reference to awards which can affect the eligibility of a school and individual athlete. All awards presented by an outside organization must be approved by the WIAA.
11. Middle school teams cannot play with or against high school players under any circumstances.
12. There are specific rules which apply to only the senior high school level or the middle school level.

## SEASON LIMITATIONS AND OUT-OF-SEASON PARTICIPATION REGULATIONS

1. WIAA does not sponsor, recommend, or approve any out-of-season participation for any activity. Your association does not sanction any out-of-season activity that is sponsored by any organization that is not affiliated with WIAA.
2. The Shoreline School District is not responsible or liable for non-school sponsored programs or programs organized, promoted, or participated in by staff members.
3. Schools may conduct practices and contests only during the WIAA sports season. A school's coach (contracted or volunteer) may not sponsor, promote, coach or direct activities which resemble out-of-season practices or contests in the sport they coach to any of their squad members or future squad members (grades 7-12) until after the school year final state tournament.\*\*

\*\*NOTE: For middle level school programs "after the school year final state tournament" is changed to "until the completion of each league's spring sport season".

The WIAA shall consider the following as indicators of a possible violation of this rule:

- a. School allowing organization of a team of students by a school agent or coach during the school year.
  - b. School or school agent hosting, organizing or promoting out-of-season tournament contests or practices.
  - c. School identified uniforms and/or equipment being worn at a workout or competition.
  - d. Any use of school funds to support or finance in any way indicates, at least in part, school sponsorship or approval.
  - e. School allowing a school coach to use school equipment or facilities for the purpose of preparing a team or individual to be entered in out-of-season events.
  - f. Without local school board authority, a school processing registration, rosters, fees, etc. for non-school sponsored out-of-season event.
  - g. A school allowing out-of-season participation to be a requirement to "make the team" or as a condition of squad membership. School permitting the scheduling of practices except during the season.
  - h. School allowing inequity in use of facilities, promotion, etc. of programs to exist.
  - i. School vehicles being used to transport (use of public funds).
4. When members of any school take part in a scrimmage of any type or practice game with members from another school or any other group, it is considered a game and counts as one of the team's allotted games.
  5. School districts shall adhere to the sports seasons as provided for in each sport.
  6. Students shall not compete in the uniform of their school at non-school events.
  7. Any attempt of a coach or teacher of a school team to teach any phase of a game or activity to their squad or have their squad or part of their squad engage in drills under the supervision of that coach, or from directions provided by that coach, is a practice.
  8. A member school may organize and supervise a year-around conditioning program to include weight training, running and exercising, provided it is open to all students and does not include instruction in specific sport skills.

SHORELINE SCHOOL DISTRICT NO. 412  
Department of Athletics

**MIDDLE SCHOOL ATHLETIC ELIGIBILITY INFORMATION BULLETIN**

This Athletic Eligibility Bulletin is intended to clarify for the athletes the basic rules and regulations governing their participation in the sports program of the Shoreline School District.

**STUDENT RIGHTS**

Students participating in the interscholastic athletic program are governed by the rights, protection and responsibilities as prescribed by the Washington Interscholastic Activities Association, Shoreline School District No. 412 and the Western Conference Athletic League.

Students and/or their parent(s)/guardian(s) may make application for exception to these regulations and may appeal any decisions relative to such requests through their school principal.

**STUDENT RESPONSIBILITIES**

Participants are required to conform to the rules and regulations of their school, the Shoreline School District, the Sno-King Conference and the WIAA; and to conduct themselves in a safe and sporting manner. Violators are subject to discipline, suspension or expulsion.

**STUDENT ELIGIBILITY REQUIREMENTS**

Prior to becoming eligible, a student must:

Age

- Be under fifteen (15) years of age on June 1 of the previous school year.

Academic

- Have been in regular attendance in an elementary or middle or junior high school during the trimester immediately preceding the trimester of competition.
- Must pass 5 of 6 classes for which the student is registered.

Residency

- Reside in the Shoreline School District and the service area of the school of competition.

Physical Examination

- Have on file at the school the 24 Month Shoreline School District Secondary Student Health Report completed by parent/guardian and licensed physician.

Additional

- Complete and have on file at the school the parent permission form.
- Turn out for at least the minimum required days before competing in the first contest:

Football	-	12 Days
Wrestling	-	12 Days
All Other Sports	-	10 Days
- Complete any other requirements as required by the school or coach.

To remain eligible, a student must:

- Maintain the academic requirements as listed above.
- Present to school officials a medical release form from the attending doctor before resuming participation following an injury or illness serious enough to require medical care.
- Attend school as least 1/2 day, as defined by the Student Athletic Contract, in order to turn out or play in a sport that day.

## AMATEUR STANDING

An amateur student athlete is one who engages in athletics for the physical, mental, social and educational benefits he/she derives therefrom, and to whom athletics is an avocation and not a source of financial reward. In order to maintain his/her amateur standing, he/she may not

- accept merchandise of more than \$300 in value,
- accept cash awards,
- enter competition under a false name,
- accept payment of expense allowances over the actual and necessary expenses for the athletic trip,
- sign or have ever signed a contract to play professional sports (whether for a money consideration or not); play or have ever played on any professional team in any sport; receive or have ever received, directly or indirectly, a salary or any other form of financial assistance, including scholarships or educational grants-in-aid from a professional sports organization or any of his/her expenses for reporting to or visiting a professional team.

Student as in instructor, supervisor or official -- Instructing, supervising or officiating in any organized youth sports program, recreation, playground or camp activities will not jeopardize amateur standing.

Warning on professionalism -- High school and middle school athletes are warned against professionalism in any sport. An athlete should never accept excessive expense money or participate on a professional team. Under the circumstances, he/she may render himself/herself ineligible for high school athletics and/or future participation (college or amateur). (The student athlete may play summer baseball as an amateur on any team not under the jurisdiction of professional baseball.)

## TRANSFERS

Students considering a transfer from one school to another may have his/her eligibility affected. The athlete should check with the building principal PRIOR to this transfer.

## SEASON LIMITATION

After beginning the seventh grade in school, students shall be allowed to participate in interscholastic contests only during six (6) interscholastic competitive years. He/she shall have only two years of eligibility in the seventh and eighth grades. If the seventh or eighth grade is repeated, the student shall be eligible only during two years. After entering the ninth grade, a student shall have four (4) consecutive years of inter-scholastic eligibility.

For the purpose of this rule, consecutive shall mean starting on a designated date (entrance into grade nine) and continuing without delay or interruption for four (4) consecutive years. Interscholastic eligibility refers to being eligible for an academic year and not for each individual sport season.

Repeating any grade, nine through twelve, whether a student participates or not, will count toward a student's four (4) consecutive years of high school interscholastic eligibility.

### ATHLETIC LIABILITY

Participants and their parents or guardians should be aware that participation in interscholastic athletics may result in accidental injury which, in some cases, may be serious in nature.

### NON SCHOOL SPONSORED PROGRAMS

Shoreline School District is not responsible or liable for nonschool sponsored sports programs or programs organized, promoted, or participated in by staff members. The decision to participate in such sport programs is the responsibility of the student and his or her parents or guardians.

### INSURANCE

Accident insurance is a requirement for participation in interscholastic athletics in the Shoreline District.

A family insurance plan may cover athletic participation. However, we suggest the parents make certain of this as not all accident plans do. Athletic insurance is available for purchase through your school in conjunction with the student accident insurance program and you may secure information from the main office of any of our middle and senior high schools.

The minimum coverage recommended by the WIAA is the Washington State Industrial Insurance Fee Schedule for doctors' services or hospitalization.

## Middle School Season Limitations

SPORT	LENGTH of SEASON	MINIMUM PRACTICE (Days per individual)	CONTEST	LIMITATIONS
			Team	Individual
Basketball	12 weeks	10	10* + Jamboree *Maximum 3 games per week	10* + Jamboree *Maximum 4 quarters per day (52.65)
Cross Country	10 weeks	10	7* *Maximum 2 meets per week *Maximum distance not to exceed 2 miles	7
Fastpitch	12 weeks	10	10 + Jamboree	10* + Jamboree *Maximum 3 games per week (59.64.0)
Football	12 weeks	12	6 + Jamboree	6* + Jamboree *Maximum 4 quarters per week.
Track	12 weeks	10	7 + Jamboree	7 + Jamboree
Volleyball	12 weeks	10	12* + Jamboree *Maximum 3 matches per week	12* + Jamboree *Maximum 3 matches per week
Wrestling	12 weeks	10	10* + Jamboree *Maximum 2 matches per week (64.64)	22* + Jamboree *Maximum 3 matches per week (64.64)

SHORELINE SCHOOL DISTRICT NO. 412  
Department of Athletics

**HIGH SCHOOL ATHLETIC ELIGIBILITY INFORMATION BULLETIN**

This Athletic Eligibility Bulletin is intended to clarify for the athletes the basic rules and regulations governing their participation in the sports program of the Shoreline School District.

**STUDENT RIGHTS**

Students participating in the Interscholastic Athletic program are governed by the rights, protection and responsibilities as prescribed by the Washington Interscholastic Activities Association, Shoreline School District No. 412 and the Western Conference Athletic League.

Students and/or their parent(s)/guardian(s) may make application for exception to these regulations and may appeal any decisions relative to such requests through their school principal.

**STUDENT RESPONSIBILITIES**

Participants are required to conform to the rules and regulations of their school, the Shoreline School District, the Western Conference and the WIAA; and to conduct themselves in a safe and sporting manner. Violators are subject to discipline, suspension or expulsion.

**STUDENT ELIGIBILITY REQUIREMENTS**

Prior to becoming eligible, a student must:

Age

- Be under twenty (20) years of age on September 1 for the fall sport season, on December 1 for the winter sport season, and March 1 for the spring sport season.

Academic

- Have been in regular attendance in a middle or junior high school during the semester immediately preceding the semester of competition.
- Must achieve passing grades in all classes/subjects at specified grading periods.
- Not fail any subjects in the semester of competition and the previous semester.
- For purposes of determining academic eligibility, the grades earned during the first quarter and the third quarter shall be the determining grade. At the end of the first and second semester, the semester grade will be used (not the second and fourth quarter).

Residency

- Reside in the Shoreline School District and the service area of the school of competition.

Physical Examination

- Have on file at the school the 24 Month Shoreline School District Secondary Student Health Report completed by parent/guardian and licensed physician.

Additional

- Complete and have on file at the school the parent permission form.
- Turn out for at least the minimum required days before competing in their first contest:

Football	-	12 Days
Gymnastics	-	15 Days
Wrestling	-	12 Days
All Other Sports	-	10 Days
- Purchase an ASB card
- Complete any other requirements as required by their school or coach.

To remain eligible, a student must:

- Maintain the academic requirements as listed above.
- Present to school officials a medical release form from the attending doctor before resuming participation following an injury or illness serious enough to require medical care.
- Attend school at least 1/2 day, as defined by the Student Athletic Contract, in order to turn out or play in a sport that day.

AMATEUR STANDING

An amateur student athlete is one who engages in athletics for the physical, mental, social and educational benefits he/she derives there-from, and to whom athletics is an avocation and not a source of financial reward. In order to maintain his/her amateur standing, he/she may not:

- accept merchandise of more than \$300 in value,
- accept cash awards,
- enter competition under a false name,
- accept payment of expense allowances over the actual and necessary expenses for the athletic trip,
- sign or have ever signed a contract to play professional sports (whether for a money consideration or not); play or have ever played on any professional team in any sport; receive or have ever received, directly or indirectly, a salary or any other form of financial assistance (including scholarships or educational grants-in-aid from a professional sports organization or any of his/her expenses for reporting to or visiting a professional team.

Student as an instructor, supervisor or official -- Instructing, supervising or officiating in any organized youth sports program, recreation, playground or camp activities will not jeopardize amateur standing.

Warning on professionalism -- High School and middle school athletes are warned against professionalism in any sport. An athlete should never accept excessive expense money or participate on a professional team. Under the circumstances, he/she may render himself/herself ineligible for high school athletics and/or future participation (college or amateur). (The student athlete may play summer baseball as an amateur on any team not under the jurisdiction of professional baseball.)

TRANSFERS

Students considering a transfer from one school to another may have his/her eligibility affected. The athlete should check with the building principal PRIOR to this transfer.

SEASON LIMITATION

After beginning the seventh grade in school, students shall be allowed to participate in interscholastic contests only during six (6) interscholastic competitive years. He/she shall have only two years of eligibility in the seventh and eighth grades. If the seventh or eighth grade is repeated, the student shall be eligible only during two years. After entering the ninth grade, a student shall have four (4) consecutive years of interscholastic eligibility.

For the purpose of this rule, consecutive shall mean starting on a designated date (entrance into grade nine) and continuing without delay or interruption for four (4) consecutive years. Interscholastic eligibility refers to being eligible for an academic year and not for each individual sport season.

Repeating any grade, nine through twelve, whether a student participates or not, will count toward a student's four (4) consecutive years of high school interscholastic eligibility.

#### ATHLETIC LIABILITY

Participants and their parents or guardians should be aware that participation in interscholastic athletics may result in accidental injury which, in some cases, may be serious in nature.

#### NON-SCHOOL SPONSORED PROGRAMS

The Shoreline School District is not responsible or liable for non-school sponsored sports programs or programs organized, promoted, or participated in by staff members. The decision to participate in such sport programs is the responsibility of the student and his or her parents or guardians.

#### INSURANCE

Accident insurance is a requirement for participation.

Your family insurance plan may cover athletic participation. However, we suggest you make certain of this as not all accident plans do. Athletic insurance is available for purchase through your school in conjunction with the student accident insurance program and you may secure information from the main office of any of our middle and senior high schools.

The minimum coverage recommended by the WIAA is the Washington State Industrial Insurance Fee Schedule for doctors' services or hospitalization.

## High School Season Limitations

SPORT	MINIMUM PRACTICE (Days per individual)	CONTEST	LIMITATIONS
		Team	Individual
Baseball/Fastpitch	10	20 + Jamboree	20* + Jamboree *Baseball pitcher – see 51.5
Basketball	10	20 + Jamboree	80* Quarters + Jamboree *No more than 4 quarters per day (52.12)
Cross Country	10	10 + Jamboree	10 + Jamboree
Football	12	10 + Jamboree	40* Quarters + Jamboree *Maximum 4 quarters during any 3 day periods (55.4)
Golf		12 + Jamboree	12 + Jamboree
Gymnastics	15	10	10
Soccer	10	16 + Jamboree	32* Halves + Jamboree *No more than 2 halves per day (58.3)
Swimming	10	12 + Jamboree	12 + Jamboree
Tennis	10	16* + Jamboree *Tennis	20
Track	10	10* + Jamboree *See 62.4 & 62.5 for exception	10* *Maximum of 2 meets per week (62.3)
Volleyball	10	16* + Jamboree *See 63.5	16 + Jamboree
Wrestling	12	16* + Jamboree *16 team dates (64.4)	33 + Jamboree

SHORELINE SCHOOL DISTRICT  
Athletic Department

ACADEMIC ELIGIBILITY FOR SHORELINE DISTRICT ATHLETES, GRADES 9-12

GUIDELINES

It is the belief that athletics and academics go hand in hand and that we need to emphasize the importance of our students learning the essential, lifetime academic skills along with successful participation in an athletic program.

We, therefore, have adopted for both Shorewood and Shorecrest High Schools the following academic eligibility requirements.

Regulation

To be eligible to participate in interscholastic competition as a member of any team or group approved by Shoreline School District No. 412, a student must be passing all subjects at all times and must be enrolled in a minimum of five (5) classes.

Procedures

At the end of each semester grading period, the grades of all students who are currently members of a school's athletic team will be checked. Any student who fails a class/subject will be put on probation and will be declared ineligible for competition for the first twenty (20) school days of the next grading period. The twenty (20) day probationary period will start the day the student is officially notified by the appropriate building administrator/designee that he/she is failing a class or classes. After twenty (20) school days he/she can reinstate his/her eligibility by providing documentation from the faculty that he/she is passing all subjects/classes. During the twenty day period of ineligibility, the student will not participate in any interscholastic contests but may continue to practice with the team.

If, after the twenty (20) day probationary period, the student is still not passing all classes/subjects, he/she will be suspended from the team. Suspension means no participation in practice or games until such time as he/she can verify that he/she is passing in all classes.

Any student who receives an incomplete at a grading period will be declared ineligible for interscholastic competition until the incomplete is cleared.

In addition, if at the 9 week grading period or at any time during a grading period, a teacher notifies the building Athletic Director that a student is failing their class, that student will be declared "at risk" and will have one week to raise his/her grade to passing. If, after one week, the student is still not passing, the student will not be allowed to participate in games until such time as he/she can verify that they are again passing that class. An "at risk" student can practice and participate in games.

Prior to the exclusion of any special education student from interscholastic competition under this regulation, the building Special Education Director shall be consulted.

In addition, student athletes must also meet all eligibility requirements of the Washington Interscholastic Activities Association.

Appeal

Any student declared ineligible under the terms of this regulation is entitled to appeal to the building's Athletic Board.

### Middle School Students

Students entering the 9th grade will be declared eligible if they have met the requirements of the middle school code of conduct.

### Transfer Students

Students who transfer from out of district will be considered eligible if they meet the WIAA eligibility requirement of passing four subjects the previous semester.

### Summer School

If a student has failed a class during the spring semester he/she may make it up by passing a summer school class only if the class is comparable to the one he/she failed and/or it is approved by the appropriate building administrator.

### Grading Periods

The grades that will be utilized in determining whether a student is eligible will be the 1st and 3rd quarter grades and the final 1st and 2nd semester grades (2nd and 4th quarter grades will not be considered).

### Class Withdrawals

If a student is withdrawn from class with a failing grade, he/she will be declared ineligible. If a student is withdrawn from a class and he/she is passing at the time of withdrawal, he/she is eligible.

SHORELINE SCHOOL DISTRICT  
Middle School Athletic Training and Conduct Code

Interscholastic athletics at the middle school level has two goals, participation and excellence. Excellence requires the athlete to maintain high personal standards of health and conduct. It is the opinion of the coaches and team members that only through the observance of such high standards can individual athletes and teams attain a performance reflecting maximum achievement.

To participate, a student athlete must have passed at least 5 classes the previous trimester. Failure to do so will result in a 15 day probationary period starting the next trimester wherein the athlete can practice but not compete in any competitions.

In addition, if at mid-trimester or at any time during a grading period, a teacher notifies the building Athletic Director that a student is failing their class, that student will be declared "at risk" and will have one week to raise his/her grade to passing. Athletes may practice and compete in games during this first week. If, after one week, or anytime during the remaining trimester, the student is not passing the same class or another class, a second week of "at risk" status will prevail. During this week the athlete may practice but not compete in games/competition. If a third "at risk" week occurs, that student would become ineligible for the remainder of the season.

To practice and participate in matches I must have: an ASB card, signed parent permission, signed code of conduct, a current physical, an emergency card for each season, adequate medical insurance and signed form, and paid athletic fee.

Because I want to be as productive an athlete as I can be, and because only a healthy mind and body will allow me to do so, I agree to the following **health rules**:

1. I will not use, possess, or sell tobacco products of any kind.
2. I will not use, possess or sell alcoholic beverages and illegal or legend drugs.

As a middle school athlete, I wish to conduct myself in a manner that will bring only honor to myself, my team, and my school. Because of this, I agree to the following **conduct rules**:

1. I will treat my coach, teammates, officials and opposing team members with honesty, respect and courtesy.
2. I will abide by all school regulations as prescribed in the Shoreline School District's Statement of Rights and Responsibilities.
3. I will avoid committing any unlawful acts or engaging in any delinquent behavior.
4. I will make a sincere effort in my classes by being prepared, making an effort on assignments and showing good citizenship.
5. I will immediately remove myself from minors who are smoking, using drugs or alcoholic beverages.
6. I must attend at least 50% of the school day, as determined by the building athletic director or administrator, in order to be eligible to practice or compete in a contest on that day.
7. I will ride to and from the game/match in school transportation unless otherwise pre-arranged with the coach, following district guidelines.
8. I will return all school athletic equipment checked out to me at the end of the season, or pay for its replacement.

Should I choose not to meet these goals, I will accept the disciplinary action as set forth in the following statement of procedure.

**Violations concerning the use of Alcohol** will call for exclusion from the team for the next forty-five (45) calendar days to be carried over to the athlete's next sports season, if necessary. This penalty may be reduced to twenty-five (25) calendar days. See School Board Policy 2151P.

**Violations concerning the use of Illegal or Legend Drugs including Anabolic Steroids** will call for an immediate suspension from the team for the remainder of the season. In order to turn out for another athletic team the individual must meet with the school athletic director or administrator to determine actions for further athletic eligibility.

1. **A first violation of the other health rules** will call for my immediate suspension from the team for at least one week and I will be out of competition for the next week.
2. **A second violation of health rules** will result in my immediate suspension from the team for the remainder of that sport season and I must have the approval of the school's athletic director or administrator to resume participation on any athletic team.
3. **A third violation of health rules** will result in my immediate suspension from all athletic teams for one calendar year from the date of the suspension.
4. These violations and subsequent actions are cumulative during my middle school years. However, should I be suspended for one calendar year, I could still participate the next school year with the approval of the athletic director or administrator, but another violation would bring suspension from all sports activities for the remainder of that new year.
5. **For violations of conduct rules** my coach may invoke penalties against me if my conduct or attitude tends to bring discredit to myself, my team, or my school. This may include removal from the team for the remainder of the season.
6. The assistant principal and counselor may place a student on probationary status if academics or behavior in class are not acceptable. At the end of the probation period if the student has not shown improvement, he/she will not be allowed to continue that sport season.
7. **Any athlete who is suspended** (in or out of school suspension) will not be allowed to turn out or compete those days.

We, the undersigned, have read and understand the Athletic Training and Conduct Code for Middle School athletes and agree to its provisions.

Date: \_\_\_\_\_  
Revised 4/08

Athlete's Signature: \_\_\_\_\_  
Parent/Guardian Signature: \_\_\_\_\_

## SHORELINE SCHOOL DISTRICT HIGH SCHOOL STUDENT ATHLETIC CONTRACT

I realize that it is a privilege to participate in athletics in the Shoreline School District. Accordingly, I hereby agree to obey the following rules and regulations as set up by the Shoreline School District, the Washington Interscholastic Activities Association, and this school's athletic department.

### **General Rules**

1. In order to be eligible to participate in a sport, I realize that:
  - 1.1 I must be passing all subjects at all times and must be enrolled in a minimum of four classes.
  - 1.2 My scholarship, citizenship, and attendance will be checked regularly by my coach and the building athletic director.
  - 1.3 Middle School: I must attend at least 50% of the school day, as determined by the building Athletic Director, in order to be eligible to practice or compete in a contest on that day.  
High School: I must attend 3 of 6 classes on "C" days and 2 of 3 classes on "A" or "B" days to be eligible to practice or compete in a contest on that day.
  - 1.4 In order to be eligible to practice, I must have a physical exam on file, fill out an emergency information card, provide adequate medical insurance, and complete the athletic packet in its entirety.
  - 1.5 In addition to the requirements listed in 1.4, in order to be eligible for competition I must purchase an ASB student body card, pay the athletic participation fee and complete the Risk Management Warning to Obey and Safety Guidelines form.
2. In all of the athletic contests conducted away from school I will ride to and from the game/match in school transportation unless otherwise arranged with the coach. I will comply with regulations pertaining to school bus transportation.
3. I will be personally responsible for all school equipment checked out to me and will return same in good condition and on time. School uniforms and equipment shall not be used as personal items of clothing unless purchased by me. Equipment I have lost or misplaced will be paid for by me at the end of the season.
4. I understand that all suspensions and other disciplinary actions are cumulative over my athletic middle school career. This is again true over my high school career.

### **Training and Conduct Code**

1. I agree not to use, possess, sell, distribute, or show evidence of having consumed alcohol, illegal drugs, drug paraphernalia, tobacco products, or any item purported to be such at any time during the sports season.
2. I agree to abide by all state, federal and local laws. I will inform the school administration if I am convicted of, plead guilty to, or am placed on a probation of any kind as a result of a violation of law other than a non-criminal traffic infraction.
3. I agree to abide by all rules of conduct as may be adopted by the District in Administrative Procedure 3300 and published in the Statement of Responsibilities and Rights of Students handbook. I also agree to abide by any additional school rules that may be published in building-level handbooks.
4. I agree to immediately remove myself from any situation where illegal activities are occurring or where other persons are engaging in conduct which violates school or District rules. If the situation is a school-sponsored field trip (whether local, extended, or team travel), I understand that I am encouraged to report the situation immediately and in confidence to school supervisory personnel.
5. I agree not to forge any athletic eligibility documents. I am aware that any violation will result in an automatic suspension from practice for 10 days. I will not be eligible for the next scheduled contest and my parents will be notified of the violation.
6. I agree to represent my school and the school district with honor and respect. My behavior and appearance in class, and at school functions will be appropriate at all times.

### **Discipline Procedures for Illegal Drugs and Legend Drugs including Anabolic Steroids Violations (RCW 69.41.0910--69.41.050)**

First Violation--The student athlete shall be immediately ineligible for interscholastic competition in the current interscholastic sports program for the remainder of the season.

Ineligibility shall continue until the next sports season in which the student athlete wishes to turn out. In order to be eligible to participate in the next sports season, the student athlete shall meet with the school eligibility board, consisting of coaches and administrators selected by the principal to request approval to participate. The school eligibility board will

recommend to the principal appropriate action to be taken in the student athlete's case. The school principal shall have final authority as to the student athlete's participation in the interscholastic sports program.

A participant who seeks and receives help for a problem with use of legend drugs (RCW 69.41.010 identified substances) and controlled substance analogs (RCW 69.50.101 identified substances) shall be given the opportunity for assistance through the school and/or community agencies. In no instance shall participation in a school and/or community approved assistance program excuse a student athlete from subsequent compliance with this regulation. However, successful utilization of such an opportunity or compliance with athletic code by the student athlete may allow him/her to have eligibility re-instated in the athletic program, pending recommendation by the school eligibility authority.

Second Violation--A participant who again violates any provision of RCW 69.41.020 through 69.41.050 or of RCW 69.50 shall be ineligible for interscholastic competition for a period of one (1) calendar year from the date of the second violation.

Third Violation--A student athlete who violates for a third time RCW 69.41.020 through 69.41.050 or of RCW 69.50 shall be permanently ineligible for interscholastic competition.

### **Discipline Procedures for Use of Alcohol**

First Offense: Exclusion from the team for the next forty-five (45) calendar days\* to be carried over\*\* to the athlete's next sports season, if necessary.

This penalty may be reduced to twenty-five (25) calendar days provided the student waives his/her right to grieve the discipline and completes a state approved assessment and follows the recommendation of the agency (which will be shared with school administration). These recommendations must be followed as a condition for early reinstatement at the end of the twenty-five (25) day period with carryover. During a 25 day suspension an athlete may participate in practices only during the last 7 calendar day period.

In order to be eligible for any further competition/performance in the extracurricular program the student shall meet with the school principal or principal's designees (which may be an eligibility board consisting of coaches, activity advisors, and administrators selected by the principal) to request approval to participate. The school eligibility board or other designees will recommend to the principal appropriate action to be taken in the student participant's case, and may take into account self-reporting, truthfulness, cooperation, and successful assessment and treatment. The school principal shall be the final school-level authority as to the student's participation in the activity program.

Second Offense: Exclusion from the team for the next forty-five (45) calendar days to be carried over to the athlete's next sports season. Exclusion includes all contact with the team; no practices, meetings or games. A mandatory state approved assessment and fully completed treatment will be required before any further participation in the athletic program.

Third Offense: Exclusion from interscholastic competition for one calendar year.

\*Calendar day: All days (including Sunday) during the athlete's regular season and post season for team sports.

\*\*Carry over: An athlete's suspension, if not fully completed, will resume on the first day of eligible turn out of that athlete's next regular sports season.

### **Discipline Procedures for Use of Tobacco Products**

First Offense:

Week 1: No team contact of any kind and a referral to the school Drug and Alcohol Counselor for tobacco education.

Week 2: Practice but no games.

Week 3: Return to full participation if tobacco education referral is complete.

Second Offense: Exclusion from the team for the next 28 calendar days to be carried over to the athletes next sports season.

Third Offense: Exclusion from the team for the next 90 calendar days to be carried over to the athletes next sports season.

### **Discipline Procedures for All Other Violations**

Exclusion from the team for a defined period of time or for the balance of the season, to be determined by the principal/designee.

### **Self-Referral**

A student participant who seeks and receives assistance for a problem with the use of drugs and/or alcohol prior to a drug or alcohol violation matter shall be given the opportunity with no jeopardy to eligibility for assistance through the school and community agencies. In no instance shall participation in a school and/or community approved assistance program excuse a student from subsequent compliance with this regulation.

### **Grievance**

Any student, parent, or guardian, who is aggrieved by the imposition of discipline, including exclusion from participation in extracurricular activities, shall have the right to grieve as per school district policy.